

Hold On - Wilson Phillips // 1990 // key: F

Intro: | F | C | B \flat | C | 2x

1. I know this pain, why do lock yourself up in these chains?
No one can change your life except for you Don't ever let anyone step all over you
Just open your heart and your mind, is it really fair to feel this way inside?

Chorus: Someday somebody's gonna make you want to turn around and say goodbye
Until then baby are you going to let them hold you down and make you cry, don't you know?
Don't you know things can change, things'll go your way
If you hold on for one more day,
Can you hold on for one more day things'll go your way... Hold on for one more day

Interlude: | F | C | B \flat | C | 2x

2. You could sustain, or are you comfortable with the pain?
You've got no one to blame for your unhappiness You got yourself into your own mess
Lettin' your worries pass you by, don't you think it's worth your time, to change your mind?

Chorus: [Repeat Chorus]

Bridge: I know that there is pain, but you hold on for one more day and
Break free from the chains
Yeah I know that there is pain, but you hold on for one more day and you
Break free, break from the chains

Outro: Someday somebody's gonna make you want to turn around and say goodbye
Until then baby are you going to let them hold you down and make you cry, don't you know?
Don't you know things can change, things'll go your way
If you hold on for one more day, yeah Hold on....
Don't you know things can change, things'll go your way
If you hold on for one more day,
Hold on.... Can you hold on... [Repeat and fade]