

Help I'm Alive by Metric (2009)

[Intro/Outro]

A# Cm Gm D#

I tremble

A# Cm Gm D#

They're gonna eat me alive

A# Cm Gm D#

If I stumble

A# Cm Gm D#

They're gonna eat me alive

Gm

Can you hear my heart beating like a hammer?

Beating like a hammer?

[Verse]

A# D# F Gm

Help, I'm alive, my heart keeps beating like a hammer

A# D# F Gm

Hard to be soft, tough to be tender

A# D# F Gm

Come take my pulse, the pace is on a runaway train

A# D# F Gm

Help, I'm alive, my heart keeps beating like a hammer

Beating like a hammer. Beating like a hammer.

Beating like a hammer

[Chorus] **A# F Cm**

D# A# F Cm

If you're still alive

D# A# F Cm

My regrets are few

D# A# F Cm

If my life is mine

D# A# F Cm

What shouldn't I do?

D# A# F Cm

I get wherever I'm going

D# A# F Cm

I get whatever I need

D# A# F Cm

While my blood's still flowing

Cm

and my heart's still

Gm

beating like a hammer, beating like a hammer!

[Repeat Verse]

[Repeat Chorus]

[pause, then percussion solo]

[Repeat Intro/Outro]

Help I'm Alive by Metric (2009) | Capo III

[Intro/Outro]

G Am Em C
I tremble
G Am Em C
They're gonna eat me alive
G Am Em C
If I stumble
G Am Em C
They're gonna eat me alive
Em
Can you hear my heart beating like a hammer?
Beating like a hammer?

[Verse]

G C D Em
Help, I'm alive, my heart keeps beating like a
hammer
G C D Em
Hard to be soft, tough to be tender
G C D Em
Come take my pulse, the pace is on a runaway train
G C D Em
Help, I'm alive, my heart keeps beating like a
hammer
Beating like a hammer. Beating like a hammer.
Beating like a hammer

[Chorus] **G D Am**
C G D Am
If you're still alive
C G D Am
My regrets are few
C G D Am
If my life is mine
C G D Am
What shouldn't I do?
C G D Am
I get wherever I'm going
C G D Am
I get whatever I need
C G D Am
While my blood's still flowing
Am
and my heart's still
Em
beating like a hammer, beating like a hammer!

[Repeat Verse]

[Repeat Chorus]

[pause, then percussion solo]

[Repeat Intro/Outro]